

# Let's talk about **Monkeypox**



**Monkeypox is a rare infection.** A small number of cases have been recently reported in the U.S., Canada, and Europe—areas where it isn't usually found. Here's what you should know:

**Monkeypox can make you sick.** It causes a rash or sores (pox). It can also make you feel like you have the flu.

- ▶ Flu-like symptoms can include:
  - Fever
  - Headache
  - Muscle aches and backache
  - Swollen glands
  - Chills
  - Fatigue
- ▶ A rash or sores can be on the hands, feet, chest, face, penis, or inside or on the mouth, vagina, and anus (butt).
- ▶ Sores will go through several stages before healing. This can take several weeks.

## How is monkeypox spread?

Through close, personal, or skin-to-skin contact with someone who has monkeypox, including:

- ▶ Their rash, sores, or scabs
- ▶ Objects, fabrics, and surfaces they touched
- ▶ Their respiratory droplets or saliva

This can happen during:

- ▶ Talking closely with someone
- ▶ Hugging, kissing, touching, massage
- ▶ Close, sexual contact

## What should I do if I have a new rash, sores, or other symptoms?

- ▶ Call your healthcare provider
- ▶ If you don't have a provider or health insurance visit [health.maryland.gov/CSTIP/local](https://health.maryland.gov/CSTIP/local) to find a health department near you

## For more information

Scan this code or visit

[health.maryland.gov/monkeypox](https://health.maryland.gov/monkeypox)



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Maryland Department of Health  
<https://health.maryland.gov>